

Magyar Imre EASD Clinical Postgraduate Course, 14-16 November 2019, Budapest, Hungary

14 November, Thursday

13:30 – 14:00 Opening ceremony

Prof. Béla Merkely, Rector, Semmelweis University

Zsolt Nyitrai, the Prime Minister's Commissioner

Prof. Bruce Wolfenbuttel, member of the EASD Postgraduate Education Subcommittee

Prof. Peter Kempler, President of the Hungarian Diabetes Association

14:00 – 16:00 Session 1

Chairpersons: Bruce Wolfenbuttel, Nanette Schloot

14:00 – 14:30 MODY – summary for the diabetologist. How to explain differences in prevalence data - Zsolt Gaál, Hungary

14:30 – 15:00 Is there a role for personalized medicine in diabetes? – Bruce Wolfenbuttel, the Netherlands

15:00 – 15:30 Update on LADA – the clinician's perspective - Nanette Schloot, Germany

15:30 – 16:00 Diabetes, bones and vitamin D - Péter Lakatos, Hungary

16:00 – 16:30 Coffee break

16:30 – 18:40 Workshops 1-3

(Each 60-min workshop is repeated once after a 10 minute break, participants attend 2 out of 3 workshops)

- Vitamin D for everybody? Zsuzsanna Putz, Hungary; Péter Lakatos, Hungary
- Self-monitoring of blood glucose in type 2 diabetic patients – why, when, how often? György Jermendy; Tibor Hidvégi, Hungary
- Personalized medicine in diabetes – is it really achievable in everyday clinical practice? Bruce Wolfenbuttel, the Netherlands; Zsolt Gaál, Hungary

19:00 Dinner

15 November, Friday

08:30 – 10:30 Session 2

Chairpersons: Peter Kempler, Karin Schara

08:30 – 09:00 The microbiome – a new therapeutical target? Tamás Halmos, Hungary

09:00 – 09:30 Autonomic neuropathy: impact on carbohydrate metabolism and therapeutical challenges - Péter Kempler, Hungary

09:30 – 10:00 Foot ulcers – the Cinderella of diabetic complications - Evgenya Patrakeeva, Russia

10:00 – 10:30 The diabetic foot – the surgeon's perspective - Karin Schara, Slovenia

10:30 – 11:00 Coffee break

11:00 – 13:10 Workshops 4-6

(Each 60-min workshop is repeated once after a 10 minute break, participants attend 2 out of 3 workshops)

- The patient with pain in the leg – how to make the differential diagnosis? - Karin Schara, Slovenia; Evgenya Patrakeeva, Russia
- Approach to the patient with moderate elevation of serum creatinine - Leszek Czupryniak, Poland; Attila Gergő Molnár, Hungary
- Treating patients with type 1 diabetes from adolescence to senility – László Barkai, Ádám Tabák, Hungary

13:10 – 14:20 Group photo & Lunch

14:10 – 16:10 Session 3

Chairpersons: Martin Haluzik, Tamás Várkonyi

- 14:10 – 14:40** Gastrointestinal motility in diabetes – any connection between symptoms and findings? - Tamás Várkonyi, Hungary
- 14:40 – 15:10** Bariatric surgery – the diabetologist's perspective - Martin Haluzik, Czech Republic
- 15:10 – 15:40** Balloon therapy – the gastroenterologist's perspective - Péter Fuszek, Hungary
- 15:40 – 16:10** Oral health and diabetes - Dániel Végh, Hungary

16.10-16.30 Coffee break

16.30-18.40 Workshops 7-9

(Each 60-min workshop is repeated once after a 10 minute break, participants attend 2 out of 3 workshops)

- Non-pharmacological treatment of obesity - Martin Haluzik, Czech Republic; Péter Fuszek, Hungary
- Potential choices of treatment in type 2 diabetes after metformin: which drug for which patient? Angelo Avogaro, Italy; Tamás Várkonyi, Hungary
- GLP-1 analogues, basal insulins or both? - Francisco Javier Ampudia-Blasco, Spain; Csaba Lengyel, Hungary

20:00 – 22:00 Dinner

16 November, Saturday

08.30-10.00 Session 4

Chairpersons: Leszek Czupryniak, Francisco Javier Ampudia-Blasco

- 08:30 – 09:00** Polycystic ovarian syndrome, insulin resistance and metformin - Gyula Petrányi, Cyprus
- 09:00 – 09:30** Sport, illness and travel – challenges for the diabetologist and the diabetic patient - Leszek Czupryniak, Poland
- 09:30 – 10:00** Diabetes and depression - Boris Mankovsky, Ukraine
- 10:00 – 10:30** Glucose variability – diagnostic and therapeutical implications - Francisco Javier Ampudia-Blasco, Spain

10:30 – 11:00 Coffee break

11:00 – 12:30 Session 5

Chairpersons: Csaba Lengyel, György Jermendy

- 11:00 – 11:30** Epigenetics and diabetes – András Falus, Hungary
- 11:30 – 12:00** New insulins, new challenges – Csaba Lengyel, Hungary
- 12:00 – 12:30** Persistence to treatment with novel innovative antidiabetic drugs (DPP-4-inhibitors, SGLT-2-inhibitors and GLP-1-receptoragonists) in patients with type 2 diabetes – György Jermendy, Hungary
- 12:30 – 13:00** Impact of age on the risks of mortality, cardiovascular morbidity and dialysis in type 2 diabetic patients: a nationwide cohort study from Hungary – István Wittmann, Hungary

13.00-13.30 Light Lunch

13:30 – 15:00 Session 6

Chairpersons: Angelo Avogaro, István Wittmann

- 13:30 – 14:00** Cardiovascular disease – the culprit of survival in diabetes mellitus? – Angelo Avogaro, Italy

14:00 – 14:30 Is there a common soil of cardiorenal complication in diabetes? – István Wittmann, Hungary

14:30 – 15:00 Pregnant women with diabetes – Ádám Tabák, Hungary

15.00 Closing Remarks and certificate distribution